

Biosketch Prof. Renata Schoeman



Prof Renata Schoeman (MBChB, MSocSc, MMed, FCPsych, PhD, MBA, PGDipFS) has been in full-time private practice as a general psychiatrist (child, adolescent, and adult psychiatry) since 2008. As a psychiatrist, she has special interests in ADHD, eating disorders, mood disorders and anxiety disorders. Renata also holds appointments as associate professor in Leadership, and as head of the MBA in Healthcare Leadership at the Stellenbosch Business School.

She serves on the Ministerial Advisory Committee on Mental Health (South Africa), where she chairs the sub-committee on Child, Adolescent and Family Mental Health. She serves on the advisory boards of various pharmaceutical companies and is a past director of the Psychiatric Management Group (PsychMG). She is the convenor of the South African Society of Psychiatrist (SASOP) special interest group for ADHD, and co-founder of the Goldilocks and The Bear Foundation (www.gb4adhd.co.za).

Renata is a well-published academic, and respected thought leader and mental health advocate who has received many awards during her career, amongst others, the Young Minds in Psychiatry award from the American Psychiatric Association, the Discovery Foundation Fellowship award, a Thuthuka award from the NRF, and an MRC Fellowship. Other awards include a Media Excellence Award as Thought Leader (2018 and 2019), and the Media Excellence Award as Newsmaker (2019) from the University of Stellenbosch. She was honoured as a Mental Health Hero by the Discovery Foundation during 2019, as well as by Welum in 2021. In 2022, she was recognised by Prestige South Africa as Psychiatrist of the Year.