



Conference in conjunction with

**7th World Congress
on ADHD**

From Child to Adult Disorder

ADHD PATIENT'S DAY

Open day to ADHD patients and families



April 28, 2019

Auditorium VI

Lisbon Congress Center



Registration and more information:

www.spda.pt

Scientific Program

April 28, 2019

08:30 | REGISTRATION

09:00 | **Official opening**
Luís Rohde, Manfred Gerlach, Carlos Filipe

9:30 – 10:20 | **ADHD diagnosis, evaluation and associated problems**

Chair: Teresa Cartaxo (Child Psychiatrist, Coimbra, Portugal)

- **What is ADHD and how do we diagnose it**
Guilherme Polanczyk (Psychiatrist, Brazil)
- **Which are the most frequent associated problems and what is their relevance**
Carlos Filipe (Psychiatrist, Lisbon, Portugal)

10:20 – 10:40 | **Discussion**

10:40 – 11:10 | *COFFEE BREAK AND NETWORKING*

11:10 – 12:00 | **ADHD Therapeutic Management**

Chair: Bernardo Barahona Corrêa (Psychiatrist, Lisbon, Portugal)

- **Non Pharmacologic Therapy**
 - **ADHD and School**
Ana Rodrigues (Psychologist, Lisbon, Portugal)
 - **Strategies to address defiant behaviours in preschoolers**
M^a João Seabra Santos (Psychologist, Coimbra, Portugal)
- **ADHD Medications**
César Soutullo (Child Psychiatrist, Navarra, Spain)

12:00 – 12:20 | **Discussion**

12:20 – 13:10

Adult ADHD**Chair:** Joaquim Cerejeira (Psychiatrist, Coimbra, Portugal)

- **ADHD in adults**
Eugénio Grevet (Psychiatrist, Brazil)
- **Being an adult with ADHD - sharing experience**
André Ponte (Psychiatrist, Lisbon, Portugal) and an ADHD patient

13:10 – 13:30

Discussion

13:30 – 15:00

LUNCH

15:00 – 15:15

The impact of ADHD on the families

Association to the Support of Hiperactive Children

15:15 – 17:30

“Ask the experts”**Chair:** José Boavida (Neurodevelopmental Pediatrician, Coimbra, Portugal)

- **Panel of experts:** César Soutullo (Spain), Paulo Mattos (Brazil), David Coghill (Australia), Josep Antoni Ramos-Quiroga (Spain)
- **Question collection done by parent's associations and SPDA.**
Question selection done by SPDA.
- **Direct transmission via social media** (to be confirmed)

17:30

Closing

José Boavida, César Soutullo

Local Organizing Committee (LOC)**Chair:** José Boavida, Portugal**André Ponte**, Portugal**Ana Rodrigues**, Portugal**Pedro Cabral**, Portugal**Carlos Filipe**, Portugal**Joaquim Cerejeira**, Portugal**João Guerra**, Portugal**Teresa Cartaxo**, Portugal**César Sotullo**, Spain**Bernardo Barahona Corrêa**,
Portugal**Mónica Pinto**, Portugal

SIGN UP!

**Free registration
but mandatory!**

PATIENTS WITH ADHD AND THEIR FAMILIES

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ONLINE INSCRIPTIONS

www.spda.pt

CONTACTS



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REMARKS

- The “ADHD Patient’s Day” is organized by the SPDA - Portuguese Society of Attention Deficit in collaboration with the LOC of the 7th World Congress on ADHD.
- This event is for patients with ADHD and their families.
- The participation of professionals may be validated subject to availability of seats in the room the day before the event.
- Limited subscriptions to room capacity.